

Today.

Today avoid any sign of self-pity.

Today let the only person you try to impress be God.

Today accept your personal disappointments uncomplainingly. Showers are needed for flowers to grow, and tears and necessary in our lives to promote our inner growth.

Today display an unselfish heart.

Today do not worry. Worry is like riding a carousel: you keep going around, but you get nowhere.

Today implore God to mend your broken heart, to tie it back together with His loving hands.

Today do not quit. Carry on, look ahead, not back, regret is futile.

Today ask yourself "what lesson can be learned from the experience of this day?"

Today accept disappointments as well as joys, even a beautiful rose has a few thorns.

Today respect everyone – even those who appear different from you.

Today open the window of your heart, the happiness you share with others will circulate back to you.

Today give time to the sick, needy and homeless. If you ignore them, you ignore God.

Today remember that with only one strike, a minus can be turned into a plus.

Today ask God to stay close to you.

Today be flexible, adaptable and receptive.

Today speak words of compassion, you can help to soften the sorrow of a friend.

Today practice inward charm, it cultivates love. Love radiates from within.

Today learn from your experiences and errors of yesterday.

Today keep hope in your life and a smile on your face!

Today fill an emptiness in someone's life rather than adding to the loneliness.

Today plan for the future since you are the architect of your own life.

Today be gentle and kind, and soon you'll discover that kindness and gentleness have become a part of you.

Today be assured you are not alone – the Lord is with you.

Today if you experience a disappointment, deal with it, don't let it multiply!

Today the most memorable happening will be the one in which you helped someone else.

Today display compassion and forgiveness and remember God forgives you and loves you.

Today seek ways to encourage the elderly, the middle-aged, and the young in a scholarly or spiritual way.

Today and everyday keep your priorities straight.

Today trust and obey and tomorrow obey and trust.

Today listen for and enjoy the laughter of children – God is in their midst.

Today if you stumble, know that God is willing and ready to assist you to your feet, do not fear.

Today concentrate on your God-given talents and use them to help someone.

Today knock and seek and you will find God waiting for you. He will console you, soothe you and care for you.

Today be thankful for God's companionship.